# KERATIN SMOOTHING SERVICE (BKT) AFTERCARE INSTRUCTIONS

### DO'S AND DON'T'S - Simply Smooth Keratin Service

#### DO's (before first shampoo)

- 1. DO wear hair down at all times.
- 2. DO use a blow dryer if the hair becomes wet or damp during the initial three day development period following the service.
- 3. DO use a flat iron to smooth and restraighten hair that has become unsmooth as a result of becoming wet or sleeping on it.

## DON'T'S (before first shampoo)

- 1. DON'T wash the hair for three days so that the treatment can fully develop.
- 2. DON'T tie the hair into a ponytail or braid or use barrettes or bobby pins. Any of these can cause unwanted dents, waves or curls.
- DON'T sweat excessively. Avoid working out and/or swimming during the three or four day development period.
- 4. DON'T put your hair behind your ears or use glasses to hold it back. This also can cause unwanted dents or waves in your hair.

## DO'S- Brazilian Blowout Treatment ™ and Simply Smooth Keratin Service

- 1. DO use shampoos and conditioners that are sodium cloride and sulfate free to prolong the life of the treatment
- 2. DO style as desired.
- 3. DO enjoy your beautiful, smooth and frizz-free hair